

Lydeard St Lawrence & Tolland Village Newsletter

February 2019

Available via email, or in the Church or from the Village Hall Mondays & Thursdays 10:00 am to 12:45 pm
Deadline for items – 25th of each month – to Liz (liz.mcconnell50@gmail.com or 667375)

Date		Morning	Afternoon / Evening
Fri	1 st	The Dance Club Workout LSL Village Hall 9.00 – 10.00 am	
Sat	2 nd		
Sun	3 rd	LSL Morning Prayer at 11.15am	Scarr Chapel worship meeting 2.30 pm
Mon	4 th	Pilates LSL Village Hall 9.30 am – 10.30 am Post Office, LSL VH, 10.00 am - 12.45 pm Coffee Shop, LSL VH, 10.00 am - 12.00 pm	Bell ringing, LSL Church tower, 7.30 - 9.00 pm
Tue	5 th	Garden Waste (Green) and Recycling Collection	
Wed	6 th		
Thu	7 th	Post Office, LSL VH, 10.00 am - 12.45 pm Coffee Shop, LSL VH, 10.00 am - 12.00 pm	Table tennis, LSL Village Hall, 8.00 - 10.30 pm
Fri	8 th	The Dance Club Workout LSL Village Hall 9.00 – 10.00 am	
Sat	9 th		
Sun	10 th	CF Holy Communion at 9.30 am	Scarr Chapel worship meeting 2.30 pm
Mon	11 th	Pilates LSL Village Hall 9.30 am – 10.30 am Post Office, LSL VH, 10.00 am - 12.45 pm Coffee Shop, LSL VH, 10.00 am - 12.00 pm	Bell ringing, LSL Church tower, 7.30 - 9.00 pm
Tue	12 th	Household Waste (Black) & Recycling Collection	
Wed	13 th		
Thu	14 th	Post Office, LSL VH, 10.00 am - 12.45 pm Coffee Shop, LSL VH, 10.00 am - 12.00 pm	Table tennis, LSL Village Hall, 8.00 - 10.30 pm
Fri	15 th	The Dance Club Workout LSL Village Hall 9.00 – 10.00 am	
Sat	16 th		
Sun	17 th	BL Benefice Eucharist to say Farewell to Revd. Matthew Tregenza 10.30am	Scarr Chapel worship meeting 2.30 pm
Mon	18 th	SCHOOL: Half Term Week Pilates LSL Village Hall 9.30 am – 10.30 am Post Office, LSL VH, 10.00 am - 12.45 pm Coffee Shop, LSL VH, 10.00 am - 12.00 pm	Bell ringing, LSL Church tower, 7.30 - 9.00 pm
Tue	19 th	Garden Waste (Green) and Recycling Collection Mobile Library - LSL Old Post Office (TA4 3SB) 11.30 – 11.45	
Wed	20 th		
Thu	21 st	Post Office, LSL VH, 10.00 am - 12.45 pm Coffee Shop, LSL VH, 10.00 am - 12.00 pm	Table tennis, LSL Village Hall, 8.00 - 10.30 pm
Fri	22 nd		
Sat	23 rd		
Sun	24 th	CF Morning Prayer at 9.30 am	Scarr Chapel worship meeting 2.30 pm LSL Benefice Evensong 4:00 pm
Mon	25 th	SCHOOL Term Begins Pilates LSL Village Hall 9.30 am – 10.30 am Post Office, LSL VH, 10.00 am - 12.45 pm Coffee Shop, LSL VH, 10.00 am - 12.00 pm	Bell ringing, LSL Church tower, 7.30 - 9.00 pm
Tue	26 th	Household Waste (Black) & Recycling Collection	Over 60s Lunch, LSL Village Hall, 12.30 pm
Wed	27 th		
Thu	28 th	Post Office, LSL VH, 10.00 am - 12.45 pm Coffee Shop, LSL VH, 10.00 am - 12.00 pm	Table tennis, LSL Village Hall, 8.00 - 10.30 pm

Lydeard St Lawrence and Tolland Parish Council

Minutes of the Meeting held on 21st January 2019 at 7.30pm in Lydeard St Lawrence Village Hall.

Councillors present: Jonathan Marshall (Chairman), Deborah Telling (Vice Chair), Charles Cox, Mary Harding, Matt Hele, Don Hobson, Maeve Vickery, Andrew Venner and Edward White.

Also in attendance: Lorna Thorne, Parish Clerk, County Cllr Mike Rigby and 2 members of the public.

The meeting was preceded by a presentation by Neil Files of Inhouse Training and Consultancy, a company based in Ford near Wiveliscombe, about First Aid training courses they can offer. Cllrs will talk to villagers to see if there is interest and discuss this matter at the next meeting.

19/01 **Apologies** from, Borough Cllr Gwil Wren and PCSO Louise Fyne.

19/02 **Declarations of interest** – Cllr Telling declared a personal interest in Planning 19/05, 22/19/0001

19/03 The **Minutes** of the meeting held on 3rd December 2018 were agreed and signed as an accurate record.

19/04 **Matters Arising**

18/82.1 Football Club Request

Cllrs all agreed to fully support the request for Football equipment.

The total amount of £719.85 has been paid from CIL, the equipment has now arrived and been checked by Simon Broad. Cllr Hele will liaise with Simon regarding the use of the equipment.

19/05 **Planning**

81.1 Applications received for comment from Taunton Deane BC:

22/18/0017 Conversion of barn to agricultural workers dwelling at Higher Chapel Leigh Farm, Chapel Leigh Lane, Lydeard St Lawrence

22/19/0001 Conversion of utility/store into entrance hall with roof plus erection of front porch and dormer window at Little Westowe Farmhouse, Lydeard St Lawrence

41//18/0005 Erection of two-story rear extension at Rock Farm, Tolland

The Planning Committee have reviewed all these planning applications and agreed to support them all with no comments to be made.

81.2 Notification of any Taunton Deane Decisions:

22/18/0018 - Erection of a single-story extension to the front of Pipers Gate, Chapel Leigh Road, Lydeard St Lawrence (resubmission of 22/17/0021)

Decision of Refusal was made by on 24/12/2018 and noted by the Council.

The Parish Council has also been made aware of various planning issues which will be looked into, and where appropriate reported to the Planning Enforcement officers.

19/06 **Financial**

06.1 The Accounts Statement was noted by the Council

06.2 Payment has been made to the Football Club of £719.85, by Cllrs Marshall and Cox

06.3 Cllrs agreed to pay Lydeard St Lawrence Village Hall Committee £80 for 2018 Hall Hire.

Proposed by Cllr Cox, seconded by Cllr Venner

06.4 Cllrs agreed to Pay Liz McConnell £57.46 for Website hosting she paid to Heart Internet.

Proposed by Cllr Telling, seconded by Cllr White.

06.5 Cllrs agreed to raise an invoice to the Cricket Club for £5.00 for the rent of the playing field.

19/07 **Somerset County Council Rights of Way Team: Parish Paths Consultation**

Cllrs have reviewed the consultation and were disappointed to see that a lot of the footpaths in the Parish were classed as low value (3) to the community, meaning they are rarely used and therefore would not be on a vegetation cut schedule. Cllr Venner will respond to the Consultation requesting the paths are upgraded to at least moderate use, (2), as it was felt most of the footpaths are used regularly by walkers within the village and by visitors.

Cllr Venner will also request a response from residents within the Parish on how often they use the footpaths and which ones they use most. This will also coincide with his research into which footpaths need improving.

19/08 Letter to all Parishes in Somerset regarding the Somerset Wood

Cllrs agreed that the memorial wood was a fantastic idea but felt that money could be spent locally with the Villages' own memorial site. The item will be placed on the next Agenda and Cllrs would look into suitable sites and ideas.

19/07 Correspondence and items for information

The following items were noted by the Council

- Crime Report
- Recycling Newsletter
- Wivey Cares email

19/08 Any other Business

Cllr Rigby spoke to the Council. He informed the Council of his reasoning to become a Liberal Democrat representative moving away from being Independent.

The Somerset Councils budgets will be set at the February meeting with further cuts expected as the Government is withdrawing all its funding.

Cllr Harding request that the Council consider funding some new Village Signs for Tolland, this will be added to the next Agenda.

Cllr Hobson reported some blocked drains and mud on roads, this will be reported to SCC to be cleared/cleaned.

Cllr Vickery requested that Pyleigh and Chapel Leigh have 'Not suitable for HGV's' signs added to the roads as a large lorry got stuck in the narrow lane, damaging the bank and a water pipe. This will be reported, but it was felt with no alternative access to the properties the signs would not be observed.

Cllr Hele has been approached by Ewan McKenzie, a year 9 student requesting some voluntary work for his Duke of Edinburgh award. He has to complete 13 hours, and Cllr Hele suggested he could help the Council with litter clearing, website maintenance, to attend meetings and other activities that the Council were undergoing. Cllrs agreed to Ewan being a volunteer and Cllr Hele would oversee his work.

Cllr Hele requested that the playing field could be used by a Boot Camp group, Cllr agreed this would be a great use of the space but the request would need to be put to the Cricket Club as they are responsible for the playing field.

A request has also been made by a dog trainer to use the playing field. This was not within the 'No Dog' rules of the playing field; Cllrs will ask around for an alternative space to assist the business.

The next meeting will be on Monday 4th March 2019 at 7.30pm

With no other business the meeting was closed at 8.45pm

POLITE REQUEST FROM THE SCHOOL

We've noticed that someone in the community has been placing their household rubbish in our school bins. These bins are solely for use by the school and as such we would request that people do not put their own rubbish in. We even had a full poo bag in the cardboard recycling bin recently.

Many thanks

Lydeard St Lawrence Primary School

CHURCH REPORTS AND NOTICES

GOODBYE

As you are probably all now aware, Matthew and Antonia are moving to a new parish at the start of next year. Matthew's last service in the Benefice will be on Sunday 17th February 2019. It will be a Benefice Eucharist at 10.30am in St Mary's Bishops Lydeard to say Farewell to him. There will be refreshments afterwards. Everyone welcome.

MESSY CHURCH FOR MOTHERING SUNDAY Saturday 30th March

We will be holding a messy church in the village hall on Saturday 30th March for Mothering Sunday. We shall be making posies and cards, and various other activities. Please make a note in your diary and come and join us. The Messy Church team will be meeting nearer the time to put together a range of activities, songs, games and refreshments. Times yet to be decided, so watch this space!

THE CHURCH COCKEREL

You have probably noticed that the cockerel which stood proudly on top of the church tower has disappeared. Unfortunately, the high winds in early December caused the shaft to give way from its fixings and crash to the ground. It has been damaged but is repairable. Before reaching a decision as to whether it should be repaired and put back, the Parochial Church Council (PCC) want to hear what local people may think. The cockerel has clearly been an important feature in village life for many years so we don't want to 'ruffle any feathers'!

Please let me have your comments – for or against its reinstatement. Email dryoung47@googlemail.com or a note through the Rectory letter box

A decision will be made at the end of February.

REBUILDING STONE WALLS

Who knows about rebuilding stone walls?

The removal of a tree stump from the boundary wall means that the stones need to be replaced. Expert advice is needed! Can someone help? If so, please contact David Young on dryoung47@googlemail.com

PETER WILLAN

You may have heard the peal of bells rung on Thursday 12 January and the Quarter peal of bells rung on Thursday 17 January and wondered what they were ringing for.

They were ringing to celebrate the life of Peter Willan, one time tower captain of Lydeard St Lawrence bells. Peter, along with many other local residents, was instrumental in completely refurbishing the bells and bell frame in the tower in 1980/1981. Before this was achieved, the 5 bells were on very old wooden equipment and extremely difficult to ring even for experienced and competent ringers.

All the old equipment and the bells were removed, and the bells sent off to be retuned, with a new bell sponsored by Peter added. The new metal bell frame was fitted and the bells rehung to make a very good ring of six. These were more recently augmented to make the lovely ring of eight bells we now have.

It is thanks to Peter and his team of supporters and helpers that we can enjoy easy bells to ring and listen to.

If you would like to see the bells being rung or fancy having a go either ring Janet on 667372 or visit the tower on Monday practice evening, 7.30 – 9pm.

VILLAGE REPORTS AND NOTICES

We had 15 people and 8 dogs out on the New Year's Day walk this year. At last, Don managed to organise some decent weather and we were blessed with glorious sunshine throughout. For some reason the route this year took us past the newly refurbished Farmers Arms where, by popular demand, we all stopped for a drink. Next year the New Years Day walk will probably be sometime between Christmas and New Year.



LYDEARD ST. LAWRENCE HORTICULTURAL SHOW



Saturday 7th September 2019

More details in March

EXCITING OPPORTUNITY

Church Abseiling Day Saturday 18th May 2019

As part of our ongoing fundraising efforts for the church of St Lawrence, we will be holding an abseiling event. Guided by an experienced team of commercially-insured abseilers this is a chance for anyone to try abseiling down the church's 75 foot high tower. Regardless of previous experience, everyone is welcome to come and give it a try.

The day will run from 9-5. Participants will be scheduled into a fifteen-minute timeslot on the day and will be provided with all necessary safety equipment. There will be toilet facilities and refreshments available. We are hoping to have stalls offering fresh produce, plants, cakes, etc.

Taking Part

We have 30 abseiling descent slots available which will be allocated beforehand on a first come, first served basis. The event is open to anyone over 13 and there is no upper age limit. Previous events have seen an 89-year-old take part, can we top that?

Those wishing to take part **MUST** register their intention with Revd. Maureen, who will then provide you with a sponsorship form. Maureen can be contacted by phone, 01984 667472, on Facebook, by email, reverendmaureenyoung@gmail.com , at the Rectory or on the village Web site. Once you have registered, if you wish to set up an online sponsorship page you could do so through sites such as [My Donate](#) or [Just Giving](#).

The suggested minimum amount of sponsorship each abseiler should raise is £30, but sponsorship above this amount would be gratefully received. Perhaps you could get people to sponsor you per foot for the 75 foot trip down the tower. If the thought of descending from a tower fills you with dread, then you can still join in the fundraising effort by being sponsored **NOT** to take part in the event. If you are a taxpayer, Gift Aiding your sponsorship increases the amount of money raised.

Our fundraising efforts are geared towards reordering the church of St Lawrence to make it more user-friendly and accessible to everyone within the community. With the funds from events like this, we can apply for matching funding to help realise the church's plans. Your sponsorship will go a long way towards helping us develop the church and increase its use for the wider community.

We are already looking forward to 18th May being a fun day for everyone, participants and spectators alike. See you there, and for those abseiling, remember to take in the view and don't look down!



News from your Village Agent



By February many of us will have lost motivation for our good intentions of *Dry January* and *New Year diet and fitness plans* so here is a little bit of information to help you to keep up the good work.

A recent study conducted by University College of London shows 48% of Britons will be obese by 2045 if current trends are not halted. 1 in 4 adults and 1 in 5 children aged 10-11 years are obese which leads to Type 2 diabetes, coronary heart disease, stroke, bowel, pancreatic, kidney, liver and stomach cancer.

The New Year Diet and fitness TV shows explained the way that we can reduce our current serious health problems such as type 2 diabetes through diet and exercise. Drastic changes to diet and lifestyle can often be unsustainable so remember to manage change gently and try something different if at first you don't succeed. Evening gym and exercise classes may not fit your timetable, but you may be able to join your local health walk or go for a lunch time stroll and take the stairs when shopping. Tidy up that garden or volunteer to help with open spaces in your area. One day a week without the evening glass of wine is a positive start! Check your parish magazine or ask us for details of local activities and check with your GP if you have a health condition.

“It is a process to change your taste buds, and it might not feel good those first few days,” “But over a week or so, your taste buds will adapt.” After eating a diet with less sodium, identifying food as tasting too salty can happen pretty quickly, in a week or less. Ariana Cucuzza, a registered dietitian with the Cleveland Clinic's Centre for Functional Medicine 2018 Rally Health, Inc.

Keep going everyone!

A quick reminder to check the expiration date on **blue badges and bus passes** as they run out and can't be used. Bus passes are not being replaced unless you request it (to reduce wastage costs). Call 0300 123 2224 to get yours replaced.

We all know that the NHS is under great strain in the winter and it can be hard to get a Doctor's appointment. Consider whether you could get advice from your **local Pharmacy** where you will not need an appointment but there are private rooms to support advice and diagnosis.

Pharmacy teams can give advice about a range of common conditions and minor injuries such as aches and pains, sore throats, coughs, colds, flu, earache and skin rashes. They also provide the morning after pill and advice on pregnancy testing. They will advise on over the counter medicines as well. www.nhs.uk/live-well/healthy-body/how-your-pharmacist-can-help.

Last month we gave advice on keeping warm and going out during the winter months. As an addition to this, check your local **cinema's for autism friendly showings**. Yeovil is the last Sunday of the month at 10am www.somersetparentcarerforum.org.uk/autism-friendly-cinema



Surviving Winter grants are available for older people living in Somerset, who are unable to adequately heat their homes. If you are struggling to afford to heat your home this winter contact your Village Agent for more information.

Village Agents work to provide those in Somerset's rural communities with easier access to information and services. They help to bridge the gap between isolated, excluded, vulnerable and lonely individuals and statutory and/or voluntary organizations which offer specific solutions to identified needs. We can offer advice on support, local groups and activities available in your community.

Cat Sweatman

cat@somersetccc.org.uk

07746340546



Do you, or someone you know, need help and support? Please contact us, or tell Cat, the Village Agent or Lyn at Lister House, both can refer you to us.

‘Local Support for Local People’

Wivey Cares, a recently established charity, is looking for **Microproviders** (offering paid for services) and **Volunteers**, both in Wiveliscombe and the Ten Parishes.

Join our Register – we need you to help others!



Would you like to find out more?

Please email wiveycares@gmail.com or telephone 07508 331661

Your Spare Room could change someone's life

How do you use your spare Bedroom? A place to store the laundry or an under-used exercise bike? Why not give that room an amazing purpose? A home for a Somerset child.

The number of children in care in our county has now risen to over 500. Could you help them enjoy a brighter future?

Brandon and Josh 15 and 13, have been fostered for over seven years now and they can't thank their foster carers enough:

"When we first came to Dave and Paula's house we were really scared, our lives were all over the place. They gave us love, stability and made us feel safe. They treat us just like their own children. We are in a much better place now and looking forward to the future – Dave and Paula say we can stay as long as we like."

What do I need to be a foster carer?

The enthusiasm to help turn a child or young person's life around

A spare bedroom but you DON'T need to be a homeowner.

You must be over 21, but there's NO upper age limit.

Whether you're single or in a couple, what gender or sexual orientation you are DOESN'T matter.

We are a 'not for profit' service. We channel our energies into a competitive fee for you, great training and support from our team, plus extra rewards and discounts when you foster with us.

For more information call 0800 587 9900, visit www.fosteringinsomerset.org.uk or come to an information evening: www.fosteringinsomerset.org.uk/events.

Help us spread the word on fostering:

**Like us on Facebook @fosteringinsomerset,
Follow us on twitter @fostersomerset**

CONTACTS

Event	Contact	Tel	Email
Benefice Rector Benefice Associate Priest	Revd Matthew Tregenza Revd Maureen Young	01823 432935 01984 667472	reverendmaureenyoung@gmail.com
Lydeard St Lawrence Church Wardens	David Young Pat Coles	667472 ExD	dryoung47@googlemail.com brian.coles.coles@btinternet.com
Tolland Church	Maureen Canney	656236	
Scarr Chapel	Bill Caines	667416	jennyscarr73@hotmail.com
Bell ringing	Janet Bond	667372	janet.jimbond@gmail.com
Cricket 1st Team	Paul Smith	07901 847709	
Junior Cricket	Simon Broad	667739	simonbroad3@gmail.com
Dance Club	Rah Cattell	07786 436616	rah@thecattells.co.uk
Lydeard Lifts	Liz McConnell	667375	liz.mcconnell50@gmail.com
Over 60s lunch	Barbara Vearncombe	667356	bvearncombe@talktalk.net
Parish Council	Jonathan Marshall	667323	jejm@hotmail.co.uk
Pilates	Laura Sinclair	07714 276447	pilatesbylauracharlotte@gmail.com
Post Office	Watchet Post Office	631223	
Table tennis	Mel Horner	667347	melhorner@btinternet.com
Village Agent	Cat Sweatman		Cat@Somersetccc.org.uk
Village Hall	Mel Horner	667347	melhorner@btinternet.com
Web Page	Liz McConnell	667375	liz.mcconnell50@gmail.com
W.I.	Alice Beak	01823 433015	
Local Police	PC Jo Jeffery PCSO Louise Fyne Non Emergency Number	07889 657943 07889 659476 101	Joanne.jeffery@avonandsomerset.police.uk Louise.fyne@avonandsomerset.police.uk
Community Council Oil Orders		01603 881888	somersetbuying@af-affinity.co.uk

Lydeard St Lawrence Primary School	www.lydeardstlawrenceprimary.co.uk
LSL Village Web Page	www.lydeard-st-l.co.uk
Benefice Churches	www.bishopslydeardbenefice.org

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