

Lydeard St Lawrence & Tolland Village Newsletter - July 2018

Available via email, or **in the Church** or from the **Village Hall** Mondays & Thursdays 10:00 am to 12:45 pm

Deadline for items – 25th of each month – to Liz (liz.mcconnell50@gmail.com or 667375)

Date		Morning	Afternoon / Evening
Sun	1 st	LSL Morning Prayer at 11.15am	Scarr Chapel worship meeting 2.30 pm
Mon	2 nd	Post Office and Coffee Shop, LSL Village Hall, 10.00 am - 12.45 pm	Bell ringing, LSL Church tower, 7.30 - 9.00 pm
Tue	3 rd	Household Waste (Black) & Recycling Collection	
Wed	4 th	Pilates LSL Village Hall 9.30 am – 10.30 am	
Thu	5 th	Post Office and Coffee Shop, LSL Village Hall, 10.00 am - 12.45 pm	Table tennis, LSL Village Hall, 8.00 - 10.30 pm
Fri	6 th	The Dance Club Workout LSL Village Hall 9.00 – 10.00 am	
Sat	7 th		
Sun	8 th	CF Holy Communion at 9.30 am	Scarr Chapel worship meeting 2.30 pm
Mon	9 th	Post Office and Coffee Shop, LSL Village Hall, 10.00 am - 12.45 pm	Bell ringing, LSL Church tower, 7.30 - 9.00 pm
Tue	10 th	Garden Waste (Green) and Recycling Collection	
Wed	11 th	Pilates LSL Village Hall 9.30 am – 10.30 am	
Thu	12 th	Post Office and Coffee Shop, LSL Village Hall, 10.00 am - 12.45 pm	W.I., LSL Village Hall Meeting Room. 7.30 – 10.00 pm Table tennis, LSL Village Hall, 8.00 - 10.30 pm
Fri	13 th	The Dance Club Workout LSL Village Hall 9.00 – 10.00 am	
Sat	14 th		
Sun	15 th	LSL Holy Communion at 11.15am	Scarr Chapel worship meeting 2.30 pm
Mon	16 th	Post Office and Coffee Shop, LSL Village Hall, 10.00 am - 12.45 pm Beat Surgery, Village Hall, 10.30 to 11.30 am	Parish Council Meeting, LSL Village Hall. 7.30 pm Bell ringing, LSL Church tower, 7.30 - 9.00 pm
Tue	17 th	Household Waste (Black) & Recycling Collection	Mobile Library: Tolland Glebe Farm (TA4 3PR) 11.50 - 12.05 LSL Old Post Office (TA4 3SB) 12.15 - 12.30 LSL School (TA4 3SF) 1.10 – 1.40
Wed	18 th	Pilates LSL Village Hall 9.30 am – 10.30 am	
Thu	19 th	Post Office and Coffee Shop, LSL Village Hall, 10.00 am - 12.45 pm	SCHOOL: Good Work Assembly in LSL Church 13:45 Table tennis, LSL Village Hall, 8.00 - 10.30 pm
Fri	20 th	SCHOOL: End of term The Dance Club Workout LSL Village Hall 9.00 – 10.00 am	
Sat	21 st		
Sun	22 nd	CF Morning Prayer at 9.30 am	Scarr Chapel worship meeting 2.30 pm LSL Benefice Evensong 6:00 pm
Mon	23 rd	Post Office and Coffee Shop, LSL Village Hall, 10.00 am - 12.45 pm	Bell ringing, LSL Church tower, 7.30 - 9.00 pm
Tue	24 th	Garden Waste (Green) and Recycling Collection	
Wed	25 th	Pilates LSL Village Hall 9.30 am – 10.30 am	
Thu	26 th	Post Office and Coffee Shop, LSL Village Hall, 10.00 am - 12.45 pm	Table tennis, LSL Village Hall, 8.00 - 10.30 pm
Fri	27 th		
Sat	28 th		
Sun	29 th		Scarr Chapel worship meeting 2.30 pm
Mon	30 th	Post Office and Coffee Shop, LSL Village Hall, 10.00 am - 12.45 pm	Bell ringing, LSL Church tower, 7.30 - 9.00 pm
Tue	31 st	Household Waste (Black) & Recycling Collection	Over 60s Lunch, LSL Village Hall, 12.30 pm

CHURCH REPORTS AND NOTICES

FATHER'S DAY MESSY CHURCH

A smaller number of children and parents than our Mothering Sunday total came along for Father's Day, but a good time was had by all. Delicious smells came from the Village Hall kitchen, where gingerbread men were made and, when cooled, were decorated. Some were eaten before they reached home! Our craft activity was making "a hug"; cards were made; some of the children played a memory game, involving items which Dads might use; there were puzzles and colouring sheets, as well as refreshments at the end.

Our next venture might be a St Lawrence themed Messy Church, at some point in September. St Lawrence's Day is 10th August, but many people may be away on holiday, so the planning group will be meeting to think about celebrating St Lawrence perhaps on a Saturday in mid-September.

Watch this space!

REMEMBRANCE SUNDAY 2018

Plans are also afoot for Remembrance Sunday this year, 2018 being the 100th anniversary of the end of the First World War. The Parochial Church Council consider that our Remembrance Day service at St Lawrence should be at 11am (rather than 4pm as in previous years), and we hope to mark the occasion in a special way and in conjunction with the Parish Council.

Hand Made **Poppies** for Remembrance Day Your village needs YOU

One of our plans to mark the centenary of the end of the first world war is to create a cascade of knitted and crocheted red poppies in the church or churchyard for the 11th November. We would like this to be a whole village venture, so if you would like to be involved and help us by making a poppy or two, in any medium, please contact Liz McConnell (667375) or Pauline Smith.

We have loads of easy to follow knitting and crocheting patterns and are more than happy to provide some advice and encouragement for those who are very rusty knitters and crochet-ers.



Time For A Rummage Clear Out Your Closets

Justine will be running a second-hand ladies clothes and jewellery stall at the church fete on the 11th August. So please have a look in your wardrobes, cupboards and drawers and see if there is anything you would like to donate in the clothing, jewellery and accessories department.

If you have anything you think would be suitable for this stall, please contact Justine on 01984 667292 or text her on 07975604816 and she will come and collect it in the week before the fete.

LYDEARD ST LAWRENCE

CHURCH FETE

And Family Dog Show

Saturday 11th August

2pm on School Field

Stalls:

Cakes Produce Bric-a-brac Womens Clothes
Bottle Stall Books Human Fruit Machine
Croc smashing Competitions Skittles
Cream Teas Ice Creams

Competitions:

Best Photo of Lydeard St Lawrence
Decorate an egg – kids and adults
Decorate a cake – kids and adults
Flower decoration for a table
Treasure Hunt

Lots of fun for all the family!

LYDEARD ST. LAWRENCE HORTICULTURAL SHOW

Saturday 8th September 2018
Lydeard St. Lawrence Village Hall

Time to get making, growing, creating, planting and potting ready for the village horticultural show in September. New classes and old, a hugely challenging Men Only class and a brand-new craft class. Go on, you know you want to.

Click here for a list of this year's [Horticultural Show Classes](#)

Cricket Club Summer Social
Saturday 14th July
Playing Fields
6pm onwards

This will be very much on the lines as last year with people arriving at 6pm onwards. There will be the usual marquee with music, a wonderful BBQ with local sausages, burgers and salads, strawberries and cream, and to make it all worthwhile, we will have the bar open with local craft beers and glass of cold Pimms to help get you in the mood.

Entry is free and it is pay as you go on the evening. We all look forward to seeing as many locals as possible especially after last year's amazingly successful summer social when the weather was spectacular.

With the fabulous view that we enjoy at the Cricket Club where better to spend a delightful summer evening. Bring your friends and family and make it a super family evening.

Lydeard St Lawrence Cricket Report

Since I last reported on the season and having notched up our first win, I am very pleased to say that both the weather and our performances have been exceptional. Three wins and a defeat have catapulted the team to 3rd in the division and dare I mention it at this stage but even possible promotion. (I said that last bit in a whisper so don't repeat it!).

Even the Chairman turned out for the match against Stoodleigh and on a lovely day high on the countryside in Devon, I witnessed a superb batting display by Mark Hannaford in amassing 101 runs. He was superbly helped out by Pat Tomlinson on 65 not out and Ben Meek on 51 not out as the team put together an innings of 251 for 2. Stoodleigh threatened to chip away at the score but with great bowling by Louis Bennett and others we bowled them out for 199 and bagged all 26 points.

A week later and another 26 points with a clinical demolition of neighbours Crowcombe 1 who were all bowled out for a miserly 62 after LSL has scored 201. Ben Meek again our hero with a bowling statistic to be proud of 7-33. North Curry away is a tough fixture and LSL batted first and made 113-9; Ben Meek making the top score of 67. North Curry hit the runs with 5 wickets down, Ben again doing the business with the ball and making 4 for 28.

Last week saw a home match to Morebath with the home team scoring 210-9 and Hannaford once again proving that you can't keep an old dog lying down, with 91. Captain Smudge then produced a great spell of bowling to knock out the visitors for 108 (4-57).

Great stuff boys and keep it up at Taunton on Saturday (Chairman once again being wheeled out in his bath chair!)

Remember the Summer social on 14th July. See you all there.

Phil Greenway
Chairman

Recycling plastic packaging

All the Somerset recycling centres can now take various types of plastic packaging:

- Plastic pots for yoghurt, soup, face cream hair gel, and their lids
- Plastic tubs for margarine, spreadable butter, ice cream and laundry tablets
- Plastic trays (including black trays) for meat, ready meals &c.
- Plastic punnets for fruit and mushrooms
- Plastic tubs such as those used for dips, olives &c. (including lids)

All foil, film covers, absorbent pads and card should be removed, and the items rinsed. They should be placed in the skips used for plastic bottles.

However, please note that these items are **not** as yet accepted at the weekly kerbside recycling collections – they must be taken to the recycling centres.



Not sure who to turn to? Village Agents are a charity that work with individuals and social groups to give confidential support and advice. We can enable people to be more independent in their home, manage personal finances, care for family members and advise on just about anything!

My name is Gaby Bellamy and I am YOUR local Village Agent.

I am writing in beautiful sunshine and I do hope that this is set to continue. I remember this time last year when it was very hot and I learned that medication can get over heated too. Liquids especially, can lose their effectiveness if left in a very hot place.

So can humans! Don't forget to keep drinking water as dehydration is an easy thing to fall victim to. Sometimes it makes you feel groggy and "headachey" as your body needs water to complete its every day jobs such as thinking and digesting your meal. Left unattended, it can make you very ill.

Staying cool can be difficult when the temperatures soar. The NHS offers these tips for coping in hot weather:

- **Shut windows and pull down the shades** when it is hotter outside. You can open the windows for ventilation when it is cooler.
- Avoid the heat: **stay out of the sun** and don't go out between 11am and 3pm (the hottest part of the day) if you're vulnerable to the effects of heat.
- **Keep rooms cool** by using shades or reflective material outside the windows. If this isn't possible, use light-coloured curtains and keep them closed (metallic blinds and dark curtains can make the room hotter).
- Have **cool baths or showers**, and splash yourself with cool water.
- **Drink cold drinks regularly**, such as water and diluted fruit juice. Avoid excess alcohol, caffeine (tea, coffee and cola) or drinks high in sugar.
- **Listen to alerts** on the radio, TV and social media about keeping cool.
- **Plan ahead** to make sure you have enough supplies, such as food, water and any medications you need.
- Identify the **coolest room in the house** so you know where to go to keep cool.
- **Wear loose, cool clothing**, and a hat and sunglasses if you go outdoors.
- **Check up** on friends, relatives and neighbours who may be less able to look after themselves.
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Seek help from a GP or contact the NHS by telephoning 111 if someone is feeling unwell and shows symptoms of:

- | | |
|-------------------------|--|
| • breathlessness | • weakness |
| • chest pain | • dizziness |
| • confusion | • cramps which get worse or don't go away |
| • intense thirst | |

Get the person somewhere cool to rest. Give them plenty of fluids to drink.

You can find me at the Talking Café at The Bear in Wiveliscombe on a Thursday morning and the drop-in at Milverton's Creedwell Orchard Meeting Hall on Monday mornings, Lister House Surgery on Monday afternoons and all day Friday. Also Wiveliscombe House on Tuesday Mornings.

Can't get out to see me but would still like to access the service? Never fear, get in touch and we can arrange a home visit.

gaby@somersetccc.org.uk **07746 340546**

CONTACTS

Event	Contact	Tel	Email
Benefice Rector Benefice Associate Priest	Revd Matthew Tregenza Revd Maureen Young	01823 432935 01984 667472	reverendmaureenyoung@gmail.com
Lydeard St Lawrence Church Wardens	David Young Pat Coles	667472 ExD	dryoung47@googlemail.com brian.coles.coles@btinternet.com
Tolland Church	Maureen Canney	656236	
Scarr Chapel	Bill Caines	667416	jennyscarr73@hotmail.com
Bell ringing	Janet Bond	667372	janet.jimbond@gmail.com
Cricket 1st Team	Paul Smith	07901 847709	
Junior Cricket	Simon Broad	667739	simonbroad3@gmail.com
Dance Club	Rah Cattell	07786 436616	rah@thecattells.co.uk
Lydeard Lifts	Liz McConnell Ken Hardy	667375 667344	liz.mcconnell50@gmail.com khardy01@btinternet.com
Over 60s lunch	Barbara Vearncombe	667356	bvearncombe@talktalk.net
Parish Council	Jonathan Marshall	667323	jejm@hotmail.co.uk
Pilates	Laura Sinclair	07714 276447	pilatesbylauracharlotte@gmail.com
Post Office	Watchet Post Office	631223	
Table tennis	Mel Horner	667347	melhorner@btinternet.com
Village Agent	Gaby Bellamy	07746 340546	gaby@Somersetccc.org.uk
Village Hall	Mel Horner	667347	melhorner@btinternet.com
Web Page	Liz McConnell	667375	liz.mcconnell50@gmail.com
W.I.	Alice Beak	01823 433015	
Local Police	PC Jo Jeffery PCSO Louise Fyne Non Emergency Number	07889 657943 07889 659476 101	Joanne.jeffery@avonandsomerset.police.uk Louise.fyne@avonandsomerset.police.uk
Community Council Oil Orders		01603 881888	somersetbuying@af-affinity.co.uk

Lydeard St Lawrence Primary School	www.lydeardstlawrenceprimary.co.uk
LSL Village Web Page	www.lydeard-st-l.co.uk
Benefice Churches	www.bishopslordebenefice.org

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